

**SECRET.** The Secret is the Law of Attraction (LoA), which says you attract into your life whatever you want, with positive thinking, while removing negative thought. **F**irst you must clearly define your dream in your mind; then - the idea is - if you are committed to it, you'll initiate the actions that manifest the dream in your physical life.

*However, beware! You can set yourself up for immense disappointment. The Law of Attraction requires your input - simply wishing for riches will not be enough. It is your talent, skill, commitment and effort that are the secrets to your success.*

*On my list of Things To Do\* I say: don't have expectations (adopt stoicism). I believe - after studying Krishnamurti's work - this advice is a great aid to happiness. The LoA encourages expectations ... which often cannot be met; this in turn may lead to crippling depression.*

*In case you can cope with a different angle on positive thinking, Bright-Sided by Barbara Ehrenreich is a terrific, albeit sobering read. ("Some much needed negativity is applied to the business of positive thinking in this hilarious, devastating critique." Katha Pollitt)*

*on sale at Amazon Why The Secret Is Wrong  
by Catherine Magree, see my blog 829  
see also KRISHNAMURTI, MONEY,  
RATIONALISM, THINKING,  
\*THINGS TO DO  
(appendix)*