

LOVE. All we need is love.* How do we know?
When we haven't got any, nothing works. If it is that
simple, why is it not law - everyone has to give love?
True love is not only hard to find, it's also hard to give.
What then is true love? True lovers love selflessly,
without conditions or expectations. That is not so simple.

**All You Need is Love is a Beatles song written by
John Lennon; he had been asked to write a song
with a message that could be understood universally.*

*The notion of Peace & Love is carried over in a big
way by one of the two surviving Beatles members,
Ringo Starr; go to his website ... bless you, Ringo.*

love
an intense feeling of tender and passionate affection
metta
unconditional and unattached loving kindness

*In Buddhism metta - or love - denotes a way of life
without malice, rancour or hostility; radiating metta
will bring joy, peace and happiness to the world.*

*There is also this verse from the song Nature Boy:
The greatest thing
You'll ever learn
Is just to love
And be loved in return*

*Nature Boy is by the American eden ahbez who
lived a bucolic life and studied Oriental mysticism.
Written in 1947, it was a hit for Nat King Cole.*

<i>I just want to thank you For all of the things you've done I'm thinking about you I just want to send my love</i>	<i>I just want to tell you You sure mean a lot to me It may sound simple But you are the world to me</i>
<i>I send my best to you That's my message of love For all the things you did I can never thank you enough</i>	<i>It's such a precious thing That time we share together I must apologize For the troubled times</i>

*Falling off the face of the earth
Neil Young*

One attribute of love is what I call the trinity of love -
for our children, our partner (the love of my life) and
our parents; complemented by the unconditional love
for humanity (the love by all people, for all people).
To use the term in other contexts (the things we love)
is to mock its gravitas; indeed, it is a true blasphemy.

*There is a spiritual aspect to love.
We should not love any thing.
As regards things, say the gurus,
we should practise detachment.*