

LOVE 2. I like to call it the trinity of love - for our children, our partner ('the love of my life') and our parents; complemented by the love for humanity. **To** use the term in any other context ('the things we love') is to de-value it and make a mockery of its gravitas; it indeed is a true blasphemy.

*There is a spiritual aspect to love.
We should not love any thing.
As regards things, say the gurus,
we should practise detachment.*