

LOVE 1. All we need is love. How do we know?
When we haven't got any, nothing works. If it is that
simple, why isn't it law - everyone has to give love?
True love not only is hard to find, it's also hard to give.
What then is true love? True lovers love selflessly,
without conditions or expectations. That is not so simple.

*In Buddhism metta - or love - denotes a way of life
without malice, rancor or hostility. Radiating metta
will bring joy, peace and happiness to the world.*

love
an intense feeling of tender and passionate affection
metta
unconditional and unattached loving kindness

*There also is this verse from the song Nature Boy:
The greatest thing
You'll ever learn
Is just to love
And be loved in return*

*Nature Boy is by the American eden ahbez who
lived a bucolic life and studied Oriental mysticism.
Written in 1947, it was a hit for Nat King Cole.*

<i>I just want to thank you For all of the things you've done I'm thinking about you I just want to send my love</i>	<i>I just want to tell you You sure mean a lot to me It may sound simple But you are the world to me</i>
<i>I send my best to you That's my message of love For all the things you did I can never thank you enough</i>	<i>It's such a precious thing That time we share together I must apologize For the troubled times</i>

Feel like I'm falling off the face of the earth

Neil Young